

LEISURE MEMBERSHIP @ DALMAHOY



**ALL MEMBERSHIPS INCLUDE FREE CLASSES,
FREE TOWELS & FREE LOCKERS**

Full Peak Membership

Allows unrestricted access
from 6am – 11pm,
7 days a week

Off Peak Membership

Allows the following access:

- Monday – Friday 6am – 5.30pm
- Saturday – Sunday 7pm – 11pm

Facilities include:

- 18m x 10m heated swimming pool
- Sauna and steam room
- Fully equipped gym with resistance, cardio and functional equipment
- Fitness studio
- Full fitness class timetable with over 30 classes per week
- Personal trainers who create personalised programmes
- Jogging trail
- 2 outdoor floodlit tennis courts
- Bar/restaurant
- Towel on arrival
- Free car parking

For more information please call

0131 335 8012

or email: membership@dalmahoyhotelandcountryclub.co.uk



DALMAHOY
HOTEL & COUNTRY CLUB
EDINBURGH