



IN ROOM DINING MENU

| SOUPS | |
|---|-------------------------------|
| Vegetable Scotch Broth (v) (vg) (df) | £5.75 |
| Tomato & basil soup (v) (vg) (df) | £5.75 |
| served with malted wheat petit pain | |
| SALADS | |
| Greek salad- feta, tomato, cucumber, basil & black olive (v) (ng) | £11.95 |
| Beetroot & avocado superfood- quinoa, red hummus, lemon dres | sing (ng) (v) (vg) £12.95 |
| Tomato & mozzarella salad (v) (ng) | £10.50 |
| Caesar Salad- gem lettuce, anchovies, parmesan shaving & crouto | ons £9.00 |
| add chicken breast to any salad | £5.50 |
| SANDWICHES | |
| Roast beef, caramelised onion & horseradish | £10.00 |
| Ham, dill pickle, Arran mustard, baby gem & tomato | £9.50 |
| Chicken breast with baby gem lettuce & Caesar dressing | £9.50 |
| Soft-boiled free range egg, low fat mayo & rocket | £8.50 |
| Tomato, mozzarella & basil (v) | £8.50 |
| Red hummus, avocado & rocket (vg) (df) | £8.50 |
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served on your choice of bloomer malt bread or a wheatmeal wrap with dressed salad

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| BURGERS | |
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| Chicken & mozzarella with pesto & rocket (n) | £14.50 |
| Falafel & spinach with tomato, gherkin, harissa low fat mayo (v) | £12.95 |
| served on a multi seed Kaiser bun with sweet potato wedges | |
| | |
| MAIN MEALS | |
| Herb grilled chicken breast with sweet potato wedges & roasted med veg (ng) | £21.50 |
| Orange glazed salmon fillet with egg noodles, broccoli, spinach & pad Thai sauce (n) | £23.00 |
| Grilled sirloin steak with sweet potato wedges & roasted med veg (ng) | £28.00 |
| Gilled Aberdeen Angus fillet with sweet potato wedges & roasted med veg (ng) | £36.00 |
| | |
| PASTA DISHES | |
| Rigatoni Pasta with beef Bolognese | £14.50 |
| Tomato & basil sauce (v) (vg) (df) | £12.50 |
| Pasta bake with broccoli, bell pepper & sun blush tomato, rocket & garlic bread (v) | £16.50 |

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| SIDES | |
|--|-------|
| Couscous with dried fruits & mint (v) (vg) (df) | £3.95 |
| Basmati rice (v) (vg) (df) | £3.95 |
| Baked sweet potato (v) (vg) (df) | £3.95 |
| Green vegetable medley (v) (ng) | £3.95 |
| Roasted Mediterranean vegetables (v) (ng) | £3.95 |
| Steamed carrot (v) (vg) (df) | £3.95 |
| | |
| DESSERTS & SNACKS | |
| Low fat fruit yoghurt (150r)- strawberry, peach, summer berries, raspberry | £1.75 |
| Soya Alpro (125gr)- blueberry, cherry (ng) (v) (vg) | £2.00 |
| Rice pudding with berry compote (v) | £5.50 |
| Raspberry fruit sorbet (v) (vg) (df) | £4.50 |
| Fresh fruit- banana, red apple, Granny Smith, satsuma (v) (vg) (df) (ng) | £1.00 |
| Raspberry or strawberry smoothie (v) (ng) | £4.00 |
| Yakult | £2.00 |
| Actimel- original or strawberry (v) | £2.50 |

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SNACK BARS

| Naked blueberry muffin or cocoa orange bar (ng) (df) | £3.00 |
|---|-------|
| Nice almond & raspberry seeds breakfast bar (n) (vg) (ng) | £3.50 |
| Eat Natural bar- assortment (n) (vg) | £3.00 |
| Perkier cacao & cashew (n) (vg) | £3.50 |

PLEASE NOTE A £5.00 TRAY CHARGE WILL BE APPLIED TO ALL IN ROOM DINING ORDERS

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